First Aid Awards ... Excellence as standard ...
... First class support

QUALIFICATION SPECIFICATION

FAA LEVEL 3 AWARD IN EMERGENCY OUTDOOR FIRST AID (RQF)

This one-day emergency outdoor first aid qualification is designed for outdoor professionals and where emergency medical support is close by.

Learners will gain the skills and knowledge to respond to a range of emergency situations covering CPR, unresponsive casualties, choking, blood loss and a range of outdoor situations. The qualification meets the requirements of the Institute for Outdoor Learning band 2 training.

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Qualification structure

This qualification is regulated in the UK and awarded by First Aid Awards (FAA). FAA are an Awarding Organisation regulated by Ofqual and the qualification sits on the Regulated Qualifications Framework (RQF).

The qualification meets the requirements of the Institute for Outdoor Learning Statement of Good Practice for Outdoor First Aid Training.

The qualification is delivered, assessed and quality assured in accordance with the Assessment Principles for Regulated First Aid Qualifications and the protocols set by the latest Resuscitation Council Guidelines.

The qualification consists of one unit which learners must successfully complete to achieve the full qualification:

FAA LEVEL 3 AWARD IN EMERGENCY OUTDOOR FIRST AID (RQF)			Credit value	Level	GLH	TQT
QAN	**Unit title**	**URN**				
603/6228/5	Outdoor Emergency Action	K/508/3085	1	3	8	10

QAN – Qualification accreditation number URN – Unit reference number GLH – Guided learning hours TQT – Total qualification time

Entry requirements

The qualification is available to learners aged 14 or over.

Due to the practical nature of the first aid assessment there are physical demands and learners must be able to demonstrate their skills as in a real-life situation. As an example, the learner must be able to get to the floor unaided and demonstrate effective CPR with the casualty lying on the floor.

It is recommended that learners should hold a minimum of Level 1 in literacy or equivalent to undertake this qualification.

It may be possible to allocate a reasonable adjustment to a learner who has a disability, medical condition or learning need; learners should contact their training provider to discuss. Any reasonable adjustments granted must be in line with the FAA Reasonable Adjustments Policy.

Qualification delivery

The qualification has 8 assigned guided learning hours (GLH) and 10 hours total qualification time (TQT). GLH indicates the number of classroom contact hours that the learner will undertake. TQT includes GLH but also takes into account any unsupervised learning and is an estimate of how long the average learner will take to complete the qualification.

The minimum classroom contact time of 8 hours must be delivered over a minimum of 1 day. The course can be spread over a maximum of 4 weeks ensuring that each session is a minimum of two hours.

The class ratio for this qualification is a maximum of 12 learners to 1 Trainer/Assessor.

Certification and requalification

The qualification is valid for three years from the date of achievement. It is recommended that the learner attends annual refresher training.

The learner will need to complete the full course again to requalify for a further three years. It should be noted that if the qualification expires a person is no longer considered competent to act as a first aider in the workplace.

It is prudent to arrange requalification before expiry to ensure that a workplace is not left with a shortfall of qualified first aiders.

Progression

Learners may progress on to the FAA Level 3 Award in Outdoor First Aid or other related qualifications within first aid. FAA also offer qualifications in health & safety including fire safety and manual handling, food safety, good nutrition, safeguarding and first aid for mental health should learners wish to diversify.

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Learning outcomes and assessment criteria

A regulated qualification has set learning outcomes and assessment criteria. The learning outcomes describe the skills and knowledge a learner will gain by successfully completing the qualification. The assessment criteria state the skills, knowledge and competence a learner will be required to demonstrate during the course assessment.

OUTDOOR EMERGENCY ACTION	
LEARNING OUTCOMES **The learner will:**	**ASSESSMENT CRITERIA** **The learner can:**
1. Understand the scope of first aid in the outdoors	**1.1** Describe features of outdoor first aid **1.2** Identify first aid equipment for emergency incidents in the outdoors **1.3** Summon assistance during emergency incidents in the outdoors
2. Be able to interpret vital sign information whilst responding to an emergency incident in the outdoors	**2.1** Describe the principles of casualty monitoring **2.2** Monitor a casualty who is in a safe airway position **2.3** Respond to changing vital signs **2.4** Respond to signs commonly shown by a casualty suffering from the following life threatening conditions: • Asthma • Seizures • Hypothermia **2.5** Prioritise first aid to a casualty who requires more than one emergency first aid intervention
3. Be able to assess an emergency incident in the outdoors	**3.1** Conduct a scene survey **3.2** Minimise the risk of infection to self and others **3.3** Conduct a systematic primary survey of a casualty according to current guidelines **3.4** Conduct a systematic secondary survey on a casualty who is wearing activity kit
4. Be able to respond to an incident involving an unresponsive casualty with normal breathing, in the outdoors	**4.1** Place an unresponsive casualty into a suitable position to maintain a safe airway **4.2** Consider environmental factors whilst administering first aid, including: • Slope • Temperature • Wind direction • Strong sunlight **4.3** Manage an unresponsive casualty when assistance is more than 30 minutes away
5. Be able to respond to an incident involving an unresponsive casualty who is not breathing normally, in the outdoors	**5.1** Administer cardiopulmonary resuscitation (CPR) on a manikin **5.2** Describe the accepted modifications in CPR protocols for: • An unresponsive non-breathing casualty after a drowning incident • An unresponsive non-breathing child casualty • An unresponsive non-breathing casualty who is remote from immediate medical help • An unresponsive non-breathing lightning strike casualty **5.3** Demonstrate when and how to remove outdoor activity equipment from an unresponsive non-breathing casualty **5.4** Demonstrate action for an unresponsive vomiting casualty
6. Be able to respond to an incident involving a choking casualty in the outdoors	**6.1** Describe how to identify a casualty with a: • Partially blocked airway • Completely blocked airway **6.2** Administer first aid for a casualty with a: • Partially blocked airway • Completely blocked airway
7. Be able to respond to an incident involving blood loss in the outdoors	**7.1** Identify the severity of external bleeding **7.2** Recognise and manage a casualty with shock

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ASSESSMENT INFORMATION

The qualification is assessed through practical demonstration including oral questioning.

A learner must successfully pass the practical assessment to achieve the qualification. There is no grading of the assessment; learners pass or are referred.

Practical assessment

Scenarios will be set to enable a learner to demonstrate their knowledge and practical skills. During the practical assessment, the learner will be asked supporting questions by the Trainer/Assessor.

The practical assessment is ongoing throughout the course but the Trainer/Assessor will make learners aware of when they are being assessed.

The learner must satisfactorily complete each scenario to successfully pass the practical assessment.